

Indigestion. Heartburn. Constipation. Bloating.

Start treating the problem and not just the symptoms.



Chronic Digestive Disturbances include everything from indigestion, heartburn, abdominal bloating, and excessive gassiness to more serious problems such as gall bladder dysfunction, chronic constipation, irritable bowel syndrome, and inflammatory bowel disease such as ulcerative colitis and Crohn's disease. Dietary factors contribute significantly to these symptoms, with some patients having underlying chronic infections that lead to food allergies. Through a methodical

approach, it is often possible to identify the culprits responsible for these symptoms and develop a treatment regimen that addresses all the components of the problem, not just treat the symptoms.

FREE SEMINAR

An Integrative Approach to Treating Chronic Digestive Disturbances

Tuesday, July 22, 2008 — 7:00-8:00PM

**Carolina Center for Integrative Medicine
4505 Fair Meadow Lane, Suite 111, Raleigh**

**Presented by: John C. Pittman, MD, DABCMT
Carolina Center for Integrative Medicine**



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Advanced registration is required in case of cancellation.